Strolling of the Heifers
A CELEBRATION OF FARMERS & FOOD!
JUNE 1-3, 2018 • BRATTLEBORO, VT

FRIDAY, JUNE 1
Downtown Street Festival + River Garden Specialty Foods & VT Beverages
Great New England Bundt Cake Competition Finals

SATURDAY, JUNE 2
Strolling of the Heifers Parade
Slow Living Expo

SUNDAY, JUNE 3
Famous Farmer's Breakfast
Tour de Heifer Bike Tours
Area Farm Tours

www.StrollingoftheHeifers.com
Meadows Bee Farm
ReVisioning Food, Farm and Forest

Meadows Bee Farm is a small-scale farm and educational facility that employs biodynamic and permaculture practices for its livestock and gardens.

**Leigh’s Bees** is an artisanal line of body creams, tinctures and teas. Developed with care and thought combining herbs long known to heal and nourish both the skin and the body.

**Biodynamic practices are used on our farm.**
May The FARMS Be With You!
A welcome from Orly Munzing, founder of the Stroll

May the Farms Be With You – it’s not just our take on a phrase from a certain popular movie – it’s our mission year-round, and at the heart of all our programs here at Strolling of the Heifers.

Every day we work to connect people with healthy local food, facilitate innovation and entrepreneurship in the farm/food sector, and support the development of stronger local food systems.

We started in 2002 with a small parade and festival that celebrated farmers and connected consumers with local food producers in the region. Today, our world famous parade, expo and street festival is the primary funding source fueling our vital economic development programs.

Windham Grows
Our six-month farm and food business hatchery provides the mentorship, resources and support entrepreneurs need to take their business to the next level.

Farm-To-Table Apprenticeship
Our on-going training program teaches culinary skills to unemployed and underemployed community members, placing them in full-time, permanent positions at local restaurants and institutional kitchens.

Locavore Index
How committed is your state to healthy local food? Our annual Locavore Index rates all 50 states and stimulates discussion across the country on increasing local food consumption.

Slow Living Summit
A two-day annual Summit that aims to give current and aspiring entrepreneurs the tools needed to evolve businesses, create positive change in the community, and revolutionize the future of food.

River Garden
Our downtown headquarters is a welcoming public space, and home to the daily Brown Bag Lunch Series, Art Gallery and ongoing food & agricultural events!

By supporting the Strolling of the Heifers Weekend, you are helping to build a stronger local food system!

Orly Munzing,
Founder and Executive Director,
Strolling of the Heifers

Please, NO Dogs at the Parade & Expo!
Because some of the animals in the parade may not react well to dogs, please leave them at home on the day of the parade. Thanks!

Harald Schmidtke
Strolling of the Heifers is dedicating our 2018 Slow Living Expo’s Energy Village to a dear friend who left this earth too soon on April 2nd, Harald Schmidtke.

Harald was a truly good man and the Director of SEVCA’s Weatherization Program for almost 25 years. He was an early leader in Southeastern Vermont’s energy efficiency efforts and a friend of and participant in Strolling of the Heifers for 18 years. He exemplified the mission of SEVCA by caring deeply about his staff, his community, and all those served by the Weatherization Program.

He was a true role model for all of us in regard to giving back to his community. We will miss him greatly.

www.StrollingoftheHeifers.com
Visit us on the Brattleboro Common

COME LEARN ABOUT OUR
Lean...Green...Heating Machines & Sustainable Heating
with Local Wood Pellets!

SAVE UP TO $6,000
in Rebates available for
Advanced Wood Heating Systems installed by Sandri.

Family owned & operated since 1931. 800-628-1900 • Sandri.com

Proud to support Strolling of the Heifers
and their mission to support local family farms.

C&S Wholesale Grocers
47 Old Ferry Road, Brattleboro | 7 Corporate Drive, Keene
www.cswg.com
Weekend Schedule

Friday Evening

STROLLING OF THE HEIFERS STREET FESTIVAL & GALLERY WALK
Friday, June 1, 5:15-9:00 p.m. – Downtown Brattleboro, Vermont
Concurrent with Brattleboro’s festive monthly first-Friday Gallery Walk, the central block of Main Street will be closed to traffic to make room for food and craft vendors, entertainment of all kinds, music and dancing in the street. Stores and restaurants are open as well. Inside the River Garden, help pick the winner of the People’s Choice Award in our Great New England Bundt Cake Competition. The River Garden also hosts our Farm Art show, Specialty Food and Vermont alcohol vendors for sampling, buying drinks and closed containers.

Saturday

STROLLING OF THE HEIFERS PARADE & SLOW LIVING EXPO
Saturday, June 2, 9 a.m. to 4 p.m. (Parade at 10 a.m. sharp!) – Downtown Brattleboro, Vermont
Don’t miss the world-famous agriculturally-themed Strolling of the Heifers Parade – 10 a.m. sharp on Brattleboro’s historic Main Street; pre-parade entertainment from about 9 a.m. Watch scores of lovable heifer calves led by future farmers, followed by many other farm animals, bands, tractors, floats, clowns and much more. (The heifers are up front, so don’t be late!) When it’s over, follow the crowd to the all-day 11-acre Slow Living Expo for food, music, dance, demonstrations, exhibits and fun, all related to our mission of sustaining family farms by connecting people with healthy local food.

At the Expo, don’t miss:
• Meet the heifers up close! They’ll be at the east end of the Common. They’ll be tired and

Sunday

STROLLING OF THE HEIFERS FAMOUS FARMERS BREAKFAST
Sunday, June 3, 9 a.m. to 1 p.m. at the Marina Restaurant, 28 Spring Tree Road, Brattleboro, Vermont (off Route 5/Putney Road at the West River)
Start Sunday of Stroll Weekend enjoying the beautiful waterfront views at The Marina Restaurant while partaking of our Famous Farmers Breakfast, which features local and organic products from many of the Stroll’s sponsors. Proceeds of the breakfast (or you could call it brunch!) support the Stroll’s mission of connecting people with healthy local food. (See menu on page 26.)

TOUR DE HEIFER 15-30-60 MILE CYCLING TOURS
Sunday, June 3, 8 a.m. to 4 p.m. – in and around Brattleboro, Vermont, starting and ending at Lilac Ridge Farm, Covey Road, West Brattleboro.
The Tour offers Vermont’s most challenging dirt-road cycling tours! Fifteen, thirty and sixty-mile routes, all of them gravel-grinding greatness. Not a race – just a great, enjoyable ride! The routes feature incredible views, farm and woodland terrain, New England villages (one with a covered bridge) and much more, plus a great farm-fresh lunch. Come to Brattleboro for the Parade & Expo on Saturday, and stay for the Sunday Tour de Heifer! (To sign up: www.strollingoftheheifers.com/tour)

STROLLING OF THE HEIFERS FARM TOUR
Sunday, June 3, 9:30 a.m. to 4 p.m. in and near Brattleboro, Vermont
We’ve partnered with five special farms in the Brattleboro area to offer this year’s Stroll Weekend Farm Tour. Each of these farms – The Bunker Farm, Robb Family Farm, Scott Farm, Full Plate Farm and Miller Farm – has something unique to offer, will welcome you and show you around. One-hour tours are being offered at 9:30 AM, 11:15 AM, 1:00 PM and 2:45 PM. (See details on page 22.) Pre-registration is encouraged: www.strollingoftheheifers.com/farmtour

Stroll photos by Linda Carlson Sperry
We’re recycling and composting to strive for Zero Waste!

Please help us compost, recycle, and strive for Zero Waste by not throwing anything “away” at Stroll events!

We’ve asked our vendors to help out by providing easily recyclable food containers and utensils. (Look for “EcoVendor” signs at participating vendors!) After you consume their delicious offerings, please do your part by recycling everything that’s recyclable!

At our Zero Waste disposal stations throughout the Expo, as well as at the Friday night festival, the Slow Living Summit and the Tour de Heifer, you’ll find three well-marked, separate containers for various materials:

- Plastic, glass and metal — including caps and lids!
- Compostables — including food waste, paper and cardboard
- Trash — there shouldn’t be much of this!

At the Zero-waste stations, you’ll find a volunteer to help you sort things out. True “Zero Waste” is still out of reach, but we’re aiming for 80 percent recycling, 20 percent waste — or even better! Please help us get there!

Thanks to our recycling partners:

---

BMH is a dynamic and rewarding workplace, with a variety of career opportunities available.

Consider applying for the BMH/CCV Medical Assistant College to Career program.

Learn more and apply online:

BMHVT.ORG/CAREERS
Ride the MOOVER!
The MOOver is offering Free transportation service at the Slow Living Expo!

Don’t miss any of the FUN after the Parade! Look for the MOOver Bus Stop Signs.
One-way loop rides on the Moover! 5 STOPS

- Brattleboro Common EXPO
- Retreat Grounds EXPO
- Retreat Farm / Children’s Farm and Forest & Grafton Village Cheese
- Cedar Street @ Western Avenue
- 181 Main Street / A Candle in the Night

Accessible!
Air-conditioned!
FREE for all ages!

See page 9 for PARKING LOT SHUTTLE BUS INFORMATION
What Can Help You Slow Down in Life?
Fast Network connections

When your network connectivity is strong, your productivity increases.

When you are more efficient at work, you can stay more balanced in other areas of your life.

For nearly 20 years, FirstLight has been providing advanced data, high-speed Internet, voice, and data center services to businesses, state and local governments and other entities throughout New England.

Vermont businesses look to FirstLight’s local, award-winning services over an advanced fiber optic network for a unique connectivity experience that ensures superior bandwidth, faster speeds, and the reliability one can only get from locally based service and support.

LOCAL | RELIABLE | SCALABLE | FIBER-BASED

Contact us now for a free network assessment, call 800-461-4863 or visit FirstLight.net

FirstLight is Proud to Sponsor the Strolling of the Heifers and the Slow Living Summit

The First Choice for Advanced Fiber Optic Telecommunications and Related Services

FirstLight.net | linkedin.com/company/firstlight-fiber | twitter.com/firstlightfiber
The parade takes place rain or shine!
We encourage you to plan for a 9 a.m. arrival in downtown Brattleboro on Parade Day! You'll get a good viewing spot and be able to visit downtown merchants who open early for the occasion.

There will be plenty of parking in Brattleboro for Strolling of the Heifers. However, illegally parked vehicles may endanger lives by hindering passage of fire trucks and ambulances in the event of an emergency. Do not park in posted no-parking zones!

And please be respectful of local residents by not blocking their driveways. Some churches, businesses and individuals near the downtown area will be offering parking on private property for a small fee.

**PARKING RESTRICTIONS:** Any vehicle parked illegally on Parade Day may be ticketed, and may be subject to towing at owner’s expense. Please park only where it is legal! The following will be posted that day as NO PARKING zones, as will all areas normally posted as no parking.

- Main Street, from Flat Street north
- Flat Street, from Main Street to Elm Street
- Park Place, on the Common (north) side of the road
- Linden Street, west side from Park Place to Cedar Street
- Putney Road, both sides from Main Street to Park Place, and the east side from Park Place to Bradley Avenue
- North Street (off Putney Road), on the north side only
- Harris Avenue, both sides of the entire street
- Bradley Avenue (off Putney Road), one side as marked
- Tyler Street, east side only, north of North Street only
- Oak Street, east side of the entire street
- Chase Street, north side of the entire street
- Forest Street, both sides of the entire street
- Cedar Street, from Route 30 to top of the hill

Certain streets will be closed during parts of Parade Day:

In planning your route, please take into account the following street closings:

- Flat Street will close early in the morning for parade staging from Main Street to Elm Street, and remain closed until about 11:30 a.m.
- Main Street, Putney Road up to the Commons, and Park Place will be closed for the Parade from about 9:45 a.m. until about 11:30 a.m.
- Linden Street will be closed to southbound traffic from 8:30 a.m. to 4 p.m. from the Brattleboro Retreat entrance south to Park Place, and will be closed to all traffic during the Parade from Main Street to Park Place.

**BEAT THE CONGESTION – RIDE OUR SHUTTLE BUSES!**

To reduce downtown traffic congestion, use the free shuttle parking lots and ride the free shuttle buses:

- From Exit 1, I-91: follow signs and park at Brattleboro Union High School – take FIRST STUDENT (yellow bus) - buses will run to the corner of Canal Street and South Main Street beginning at 8 a.m. Last bus: 9:45 a.m.
- From Exit 2, I-91: follow signs, proceed West on Route 9; park at Green Mountain Chapel or Academy School – take FIRST STUDENT (yellow bus) - buses will run to the Fire Station in town beginning at 8:00 a.m. Last bus: 9:45 a.m.
- From Exit 3, I-91: Follow signs to Rte. 5 South (Putney Rd.), at second light turn right and immediately go left to south end of parking lot in front of vacant HOME DEPOT. **Please do not park in Hannaford parking area.** A white CURRENT bus will run to the Common from 8:15 am with the last run at 9:45 am.
- RETURNING TO PARKING AREAS: Beginning at the end of the parade, the First Student yellow buses will be on Park Place at the Common to take riders back to their cars at Exit 1 and Exit 2 lots. Be sure to check the destination of your bus! The CURRENT white bus will be at the COMMON on Putney Road near the Information booth to take riders back to Exit 3 Parking Lot.
- The MOover does not go to any PARKING LOTS. See page 7 for MOOver loop.

**ACCESSIBLE PARKING AND PARADE VIEWING**

Our accessible parking area is the parking lot of Pieciak & Co., 10 Park Place. This area is restricted to vehicles with valid permits. It is located near the corner of Park Place and Putney Road, directly across from the Brattleboro Commons. **Note: Park Place will be closed to traffic at 9:45 a.m. – early arrival is encouraged!** An attendant will be on duty at that lot. If you are closer to downtown, we invite you to use the roped-off areas at both sides of the official parade viewing stand, which will be located on Main Street in front of the Key Bank offices. Accessible toilets may be found at the River Garden on Main Street, the Transportation Center on Flat Street, and at the Expo both on the Common and the Retreat Grounds, as indicated on the map.
After the parade, follow the crowd to the all-day 11-acre Slow Living Expo for food, music, dance, demonstrations, exhibits and fun, all related to our mission of sustaining family farms by connecting people with healthy local food.
Stroll Weekend Entertainment

**Friday Evening**

**STROLLING OF THE HEIFERS DOWNTOWN STREET FESTIVAL**

Friday, June 1, 5:15-9:00 p.m. — Downtown Brattleboro, Vermont

Monthly Gallery Walk event — art openings at many venues, including our Farm Art show!

Entertainment Stage (beside The Works Bakery Café, west side of Main Street)
- 5:00-8:30 p.m.: Alan Greenleaf and the Doctor
- And local entertainers along the sidewalk and roaming the street.

**Saturday**

**STROLLING OF THE HEIFERS PARADE**

Saturday, June 2, 10 a.m. — Downtown Brattleboro, Vermont

Pre-parade entertainment starting about 9 a.m.:
- The Dairy Godmother (Amelia Struthers)

**SLOW LIVING EXPO – 11 ACRES OF FUN, FOOD, ENTERTAINMENT, EXHIBITS, OPEN ALL DAY!**

Saturday, June 2, 9 a.m.-4 p.m. — Commons and Retreat Grounds, Brattleboro, Vermont

**ON THE RETREAT GROUNDS:**
- New England Center for Circus Arts offers shows throughout the day on the Retreat Grounds featuring advanced and professional students from around the world. They will amaze & entertain you as they swing through the air & share juggling, acrobatics, comedy & more
- Human Foosball! Join the fun by putting together your own team!
- Goat Olympics

**MUSIC TENT**

The Speckers .......................... 11:00
The Figments .......................... 11:50
Jay Bailey, Tony Barrand
And Andy Davis ...................... 12:40
The Sky Blue Boys .................. 1:50
Pinedrop ................................ 2:40

**C&S FAMILY ENTERTAINMENT TENT**

Fritzi’s Flea Circus ..11:20, 12:50, 2:00
Kasper & the Cow ............. 10:55, 1:10
The Interactive Comedy
Magic of Jonas Cain:
Facilitator of Fascination ...11:25, 1:40

**Sunday**

**TOUR DE HEIFER 15-30-60 MILE CYCLING RIDES**

Sunday, June 3, starting times 8, 9, 10 a.m. — beginning and ending at Lilac Ridge Farm, West Brattleboro, Vermont

Lunchtime entertainment at Lilac Ridge Farm:
- 11 a.m. – 2 p.m.: Alan Greenleaf and the Doctor

www.StrollingoftheHeifers.com
We’re walking with purpose.

The Strolling of the Heifers is a great day for a walk. That’s because it’s a walk with a destination—toward stronger local food systems and robust family farms. We operated a Vermont dairy farm for 160 years, so we appreciate the rewards it brings to all of us.

We’re proud to support this year’s Stroll and to host Saturday’s Live Green Expo on the Retreat lawn. Enjoy food, entertainment, and fun!
Stroll Weekend Entertainers

**ALAN GREENLEAF AND THE DOCTOR**

Alan Greenleaf, guitarist and songwriter, and Jonathan Kaplan, pianist, have been playing together for more than 10 years and are one of the more unique musical pairings in Vermont. Both talented musicians and both former farmers, they blend musically and personally to give life to Alan’s original songs. Alan has been described as the quintessential Vermont song writer by Robert Resnik, the quintessential Vermont music supporter. His blues-folk-rock n’ roll influenced North Country sound covers a range of styles. His words are thoughtful, humorous, poignant and, on occasion, hopeful. His continued commentaries on the human condition remain unvarnished but they are sweeter and his insights into the workings of the rural heart seem to grow with time. Want to know what rural life in Vermont is like? ….just listen to Alan's songs. And lest we forget, Alan also wrote the theme for The Strolling of the Heifers more than 10 years ago. This year he and the Doctor look forward to premiering his latest song for the Stroll, Love Your Farmer!!

**BAD TO BE GOOD**

The music of Bad To Be Good is characterized as “Eastern Country and Northern Blues.” Led by songwriter, guitarist and vocalist Marvin Bentley, the all original repertoire of this group establishes Vermont country blues as a rival to Nashville and Memphis. With Marvin's robust and burly voice, Dennis Waring’s wailing saxophone, Marvin Bentley II’s thumping bass and Pat Kelly’s grooving drums, this group's infectious spirit makes you want to shout and dance. Other songs make you want to cry. This band defines a whole new style of Vermont-grown down-home music with lots of soul.

**BECKY GRABER, SONGS AND STORIES**

Down on the Farm – Old favorites and new: chants, songs, stories, and singing games about rural living. Plenty of chances to join along on songs, story refrains, and movements as we sing of farm animals and of planting and harvesting fields. Becky Graber has been teaching and entertaining young children and their friends and families for over 40 years. She offers chances for community fun through music, music, and verse. Becky is the founder and director of the Brattleboro Women’s Chorus.

**BRATTLEBORO SCHOOL OF DANCE**

Dancers express themselves through movement in a creative and fun performance that features our Junior Company. This piece is choreographed by the dancers and is based on the question: what is dance to you?

**BRATTLEBORO WOMEN’S CHORUS**

A program of songs from Vermont and/or written or arranged by Vermonters. Songs include the Vermont Farmer’s Song; Maple Sweet, a Vermont song about sugar-ing; and These Green Mountains, the state song of Vermont.

**THE FIGMENTS**

The Figments incorporate an eclectic mix of styles into their inspired performances of music for dancing or listening. Whether grooving on an Old-time, Irish or French Canadian fiddle tune, trading daring improvisations on a swing number, or exploring the nuances of a graceful waltz or elegant English country dance tune, this trio of versatile musicians makes dynamic, spontaneous, and electrifying music.

**FLY BOY MYSTRO**

MyStro born in Vt Raised in Ny (Upperstate but we float down South Alot..) he's amazing songwriter, producer and performer. Humble Talented, & Ambitious...

**THE INTERACTIVE COMEDY MAGIC OF JONAS CAIN**

We all want to achieve success, yet much of life is out of our control. What if there was a way to achieve positive outcomes regardless of circumstances? With Positivity Magic, Jonas Cain will share three principles and practices that you can start using.
ALDI CARES ABOUT OUR COMMUNITIES

For more than 40 years, ALDI has been the place for simply smarter shopping. And to us, being smart means more than just providing high-quality products at low prices; it means working every day to help create a better world.

We’re dedicated to being a good neighbor and helping to build strong communities. That’s why we are proud to partner with events like the Strolling of the Heifers Parade and Festival.

www.StrollingoftheHeifers.com

Entertainers, continued

immediately to develop and foster positivity to excel in your work, in your home, and in your life. This is much more than just a magic show...it’s a Life Show!

LISA MCCORMICK AND THE BRATTLEBORO UEKESTERS

Singer/songwriter Lisa McCormick takes the stage with her merry band of ukulele players, for a fun sing-along set of contemporary and traditional folk music favorites.

THE MOONDOGS

The Moondogs play original instrumental music with a mix of contemporary styles. Their unique sound has been described as world folk, bluesy jazz, gypsy groove and bohemian classical. Though defying easy categorization, it is a sophisticated music played in a deceptively easy-going style, appropriate for receptions, art openings, private parties, wine tastings, cocktail hours, wedding ceremonies, anniversaries, and many other social occasions. They play throughout Vermont, New Hampshire and Massachusetts. The Moondogs are available as a Duo, Trio or Quartet. Dante Corsano composes the songs and plays finger style guitar, Dennis Waring on vintage silver clarinet delineates the melodies, bassist Dave Rountree provides the foundation and Adam Gebb fills out the sound with tasteful percussion.

NEW ENGLAND CENTER FOR CIRCUS ARTS

The New England Center for Circus Arts (NECCA) will offer demonstrations every half hour featuring advanced and professional level students. The Brattleboro based circus school attracts high level students locally and from around the world, and they will amaze and entertain you as they swing, leap and fly!

NEW ENGLAND YOUTH THEATRE

NEYT Presents Aulularia!
A mixed age troupe of NEYT players present an original adaptation of the comedy "The Miser".

Aulularia means ‘a pot of gold’,
The title of a Roman play of old.
In that play, there’s just a little bit of cash,
In this version there’s a much larger stash!
The title should convey this kind of wealth,
Especially when the Miser hides it with such stealth.
He will not spend a single cent in town
And this has caused the rest of us to drown!
Aulularia doesn’t fit this play,
But, Aululularia: The Sound Of Doomsday.

PINEDROP

Pinedrop's fresh Americana sound skillfully intertwines folk and bluegrass. This four-piece band from Brattleboro, Vermont features Derek Sensale's mesmerizing songwriting and vocals, Dan Bisson on upright bass, Nick Paar on mandolin and Charlie Peckar on fiddle. Pinedrop has played venues and festivals near and far, including MASS MoCA's acclaimed FreshGrass Festival.
Entertainers, continued

SANDGLASS THEATER'S JANA ZELLER – KASPER AND THE COW
Kasper and the Cow is a hand puppet show based in the European fair ground tradition. Kasper’s effort to go on a journey is flustered by a cow who steals his suitcase. With the help of his best friend, the giant Augustin, Kasper goes on a rollicking chase to retrieve the cow and his suitcase. Action packed and full of audience engaging humor, this show has been delighting children of all ages for 30 years!

SANDGLASS THEATRE'S SHOSHANA BASS: FRITZI'S FLEA CIRCUS
Fritzi’s Flea Circus welcomes audiences into a delightful world of puppetry circus feats, presented by a tiny flea with a big personality. In this 20 minute show, you will experience Fritzi as the strong man, the high diver and even watch as he is shot out of a cannon into the audience. This miniature world invites the power of imagination, play and ear wiggling, scalp tickling, heart-warming fun.

THE SKY BLUE BOYS
The Sky Blue Boys have been playing traditional and original acoustic music throughout the Northeast for twenty-plus years. With two voices, guitars, banjo, mandolin, autoharp, 12-string, dobro and more Banjo Dan and Willy

for soft, smooth skin

Developed by a pharmacist

Making even your most dry, chapped skin feel Udderly Smooth® for almost 40 years.

Made in the USA. © Redex Industries, Inc. 2018
www.UdderlySmooth.com

www.StrollingoftheHeifers.com
“It’s possible to get really cheap eggs from a factory farm. I wouldn’t want to live on that farm, and I’m sure a chicken wouldn’t either.”

Pete and Gerry’s farmer
Maynard Zimmerman

Believe in what you buy™

100% Certified Humane™ organic eggs produced on small family farms

Our hens enjoy:
- Free range pasture access
- Spacious barns with no cages
- Organic, non-GMO feed with no antibiotics, added hormones or synthetic pesticides

Pete and Gerry’s®
ORGANIC EGGS
FROM SMALL FAMILY FARMS

www.peteandgerrys.com

For more than 85 years, we’ve been a family in business, making a positive difference in people’s lives.

We’re proud to be caring citizens and to partner with events like the Strolling of the Heifers Parade and Festival, helping them to enhance and improve the quality of life in the neighborhoods where we live and work.

Price Chopper
www.pricechopper.com

We’re not just in your neighborhood, we’re your neighbor.
Lindner, founders of the celebrated Banjo Dan and the Mid-nite Plowboys, deliver a lively program characterized by the passion of bluegrass, the authenticity of folk and the excitement of old-time string-band music. With a huge repertoire of ballads, vintage country numbers, Civil War-era songs, instrumentals and gospel, plus a few surprises thrown in along the way, The Sky Blue Boys consistently deliver a show full of energy and variety — good entertainment with a huge emphasis on fun.

**THE SPECKERS**

Fiddle icon John Specker earned the title “Father of the Ithaca Sound” for his seminal influence upon multiple younger generations of upstate New York fiddle players. Defying the odds, he also has the rare good luck to front The Speckers, a fiddle trio featuring his two daughters. Family bands have a long and storied history in the annals of American music. The Specker family both honors and meddles with that fine tradition. Lila and Ida Mae inherited dear old dad’s hard driving style and subversive approach to fiddle music. Triple bows slice the air, heartfelt vocals tell it like it is and bodies sway in biological and stylistic synchronicity. The result is a singular take on “old-time,” anchored in tradition, audacious in originality.

**SUNNY LOWDOWN**

Sunny Lowdown sings blues for the 21st century. It is a raw, deep blues, drawing from the music of John Lee Hooker, Muddy Waters, Lightnin’ Hopkins, Jesse Mae Hemphill and R.L. Burnside. Sunny was only sixteen when he played his first professional gig backing John Lee Hooker. He has since worked with many of his favorite blues musicians: Howlin’ Wolf guitarist Hubert Sumlin, Muddy Waters pianist Pinetop Perkins, Chicago blues legends Otis Rush and George “Wild Child” Butler, Fat Possum recording artists R.L. Burnside and Cedell Davis, and others. “Sunny plays lovely guitar... you can see Sunny playing on street corners in your mind’s eye as you listen to these tracks.”

— Blues Matters Magazine

**TONY BARRAND, JAY BAILEY AND ANDY DAVIS**

Tony Barrand, Jay Bailey and Andy Davis will share songs from New England and the British Isles that are drawn from the rich store of music relating to farming and rural life. These traditions are brought to life through ballads, seasonal songs and country dance tunes.

**AMELIA STRUTHERS**

Amelia Struthers, performance artist also known as the “Dairy Godmother,” has been with the Stroll since the first heifers took to the streets of Brattleboro in 2001. Amelia is a veteran entertainer, performing throughout New England as an actress, storyteller, comedian, children’s musician, and emcee, on stage, television and radio. Since moving to Brattleboro in 2000, she has regularly performed comedy improv, and won silver and gold medals, as well as a People’s Choice Award at the 2002 International Clown Convention for best sketch comedy act. Her latest project, a CD called “All About the Heart,” highlights her musical side; Amelia and her singing/songwriting partner perform as Vermont Timbre. Amelia is an educator who lives with her daughter, Maia, also known as the Dairy Fairy and a veteran comedian herself.
Strolling of the Heifers Parade
ORDER OF MARCH
Saturday, June 2, at 10 a.m. sharp

Vermont State Police
Brattleboro American Legion
Color Guard
Brattleboro American Legion
Post 5 Band
Strolling of the Heifers Banner
Strolling of the Heifers - Orly Munzing
Strolling of the Heifers Float with Miss VT and Miss Outstanding Teen
Commonwealth/Green Mountain Creamery
Brattleboro Retreat
United Natural Foods Inc
Brattleboro Elem. Schools Band
Brattleboro Memorial Hospital
C&S Wholesale Grocers
Saint Michael's School
Boyd's Farm
Hartland Cattle Club 4H
Windsor Wonders 4H Club
.ca Den My. Farm
Franklin Farm
Merrimack County 4H Club
Pinnacleview 4-H Club
Top of the World 4H Club
Maple-MAK Farm
Franklin County 4H Club
Marsh Croft Farm
The Putney School / Elm Lea Farm
Green Mtn Bovine&Equine
Strolling of the Heifers Rescue Trailer

Strolling of the Heifers “Crew de Poo”
Dummerston & Guilford School Band
The Gathering Place
Cast & Brass Antique Machinery Club
New England Kurn Hattin Homes
Ann Whiting with FredX Udderly Smooth / Redex Industries
Marina Restaurant
Holstein Association USA INC.
Southeast VT Transit – The Moover
Hampton Inn
Big Brothers / Big Sisters of VT
Grafton Cheese
New England Center for Circus Arts
New Chapter
40th Army Band
Girl Scouts of Green & White Mts.
Strolling of the Heifers “InflataBulls”
Brattleboro Area Baton Twirlers
Meadowbrook Gypsies LLC
The Neighborhood Schoolhouse
Yellow Barn
Returned Peace Corps Volunteers
NOFA (Northeast Organic Farm Assoc)

Early Education Services
Gaines Farm
Brattleboro Area Middle School Band
Brattleboro Cub Scout Pack 447
Brattleboro Food Co-op
WhistlePig Farm
Brattleboro Swim Team
Southern Vermont Samba Band
New England Youth Theater
Edward Jones Investments
Brattleboro Gymnastics
Brattleboro Music Center
Art in the Neighborhood
Brattleboro School of Dance
The Grammar School
BUHS Marching Band
Food Connects
Boys & Girls Club of Brattleboro
Sangha Martial Arts and Ludosport
Hilltop Montessori School
WVEW Brattleboro Community Radio
SOTH Dancing T-Rex “Carney Vore”
Green Mtn. Camp for Girls
Vbike
We Celebrate Democracy
Sunrise Farm Float
Strolling of the Heifers Rope Crew
The Great New England Bundt Cake Competition

Our annual culinary competition for 2018 aims to find the tastiest and best-looking Bundt Cake in New England!

Local celebrity “foodie” judges will announce the winners on Friday evening, June 1, 2018 at Brattleboro’s River Garden as part of the 2018 Strolling of the Heifers Weekend.

Come to the River Garden during the Friday Street Fest to sample the finalists’ bundt cakes, and help choose the People’s Choice winner!

Winning recipes will be posted at: StrollingOfTheHeifers.com/bundt

Great Stroll Gear!

Look for the Strolling of the Heifers merchandise tables – Friday night and Saturday morning at the River Garden, all day Saturday at the Expo (both on the Commons and at the Retreat) and Sunday at the Famous Farmers Breakfast at the Marina. Here’s just a small sample of the great heifer-themed gear for sale. And after Stroll Weekend, shop in our online store:

www.StrollingoftheHeifers.com/gift-store
WHEN: Saturday June 2, 11 a.m. - 4 p.m.
WHERE: Strolling of the Heifers Slow Living Expo Brattleboro Retreat grounds – rain or shine
WHAT: Free Tournament and pick-up games
• 10-15 minute games
• Every team may play at least 2 games
• Prizes!
• No special equipment needed
WHO: Teams of 6 players – high school age & older
• Company/organization teams encouraged!
• NO EXPERIENCE NECESSARY!
INFORMATION, REGISTRATION:
• Contact Jesse Kiendl: jessekiendl@yahoo.com
Include a team name (preferably farm-themed!) and a contact person with contact information.

SIGN UP SOON AS SPACE MAY BE LIMITED!

Goat Olympics!
Place your bets on goats from Adams Farm in Wilmington, VT, who will be racing every 20 minutes! For $2, bet to win! Every winning bet wins a great piece of Stroll merchandise or a sponsor gift. Join the excitement!

Thanks to this year’s Goat Olympics Sponsors!

Be a member. Not just a number.
At Co-op, we’re member owned and member committed. Since 1915 we’ve been providing protection for individuals, farms and businesses with a large network of local agents, fast and fair claims service, knowledge of farm safety practices and affordable rates.
At Co-op, you’re not just a number.
HEALTHY LIVING PAVILION at the Expo

Health & Wellness Speakers
Saturday, June 2 – 11:00 a.m. – 2:00 p.m. at the Expo, Retreat Grounds

Get answers to your health and wellness questions from professionals and hear inspiring speakers! There is truly something for everyone at the Strolling Health Pavilion this year. Jonas Cain will entertain between shows and can keep your children totally engaged while you listen to valuable information in this year’s Health Tent.

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00-11:30</td>
<td>Leona Thomas, Pine Heights at Brattleboro Center for Nursing and Rehabilitation</td>
<td>Healthy Aging</td>
</tr>
<tr>
<td>11:30-12:00</td>
<td>Jen Toomey, New Chapter</td>
<td>The Everyday Herbalist: Incorporating Herbs into your Everyday Life</td>
</tr>
<tr>
<td>12:00-12:30</td>
<td>Marie-Catherine O’Malley, Freebody</td>
<td>Achieving proper body mechanics for sustainable fitness.</td>
</tr>
<tr>
<td>12:30-1:00</td>
<td>Carrie Quimby, Brattleboro Memorial Hospital</td>
<td>Healthy Eating</td>
</tr>
<tr>
<td>1:00-1:30</td>
<td>Dr.Simi Ravven, and Amanda Upton, Brattleboro Retreat</td>
<td>Moving Towards Restful Sleep</td>
</tr>
<tr>
<td>1:30-2:00</td>
<td>Bill Kennedy, CEO of Udderly Smooth and Registered Pharmacist</td>
<td>Healthy Skin</td>
</tr>
</tbody>
</table>

When you get a little help from us, Vermont gets a lot of help from you.

- use energy more wisely
- save money
- help save the home we share

Efficiency Vermont

888-921-5990
www.efficiencyvermont.com
We’ve partnered with five special farms in the Brattleboro area to offer this year’s Stroll Weekend Farm Tour on Sunday, June 3. Each of these farms has something unique to offer, will welcome you and share their work.

One-hour tours are being offered at 9:30 AM, 11:15 AM, 1:00 PM and 2:45 PM. This schedule allows sufficient travel time between tours from one farm to the next. Not all times are available at each farm. Please limit your farm visits on June 4 to the scheduled times. Some of the farms have farm stores you can visit at other times. Please contact the farmers directly if you wish to visit their store on another day.

Because space on each tour is limited, pre-registration is required!

The Farm Tour is free, but we appreciate any donations to Strolling of the Heifers to defray the costs of the Farm Tour.

1. **The Bunker Farm**

   **857 Bunker Road, Dummerston VT — thebunkerfarm.com**

   **Farmers:** Noah Hoskins, Helen O’Donnell, Mike Euphrat, and Jen O’Donnell

   **Tour Times:** 9:30-10:30 and 2:45-3:45

   The 169-acre conserved Bunker Farm is a family run diversified farm comprised of four lines of operation: pasture-raised meat and poultry, annual and perennial flowers, maple syrup and community outreach and education. The farm tour will touch on all areas, including a pasture walk to visit the animals, a tour of the greenhouse, and an explanation of our wood-fired maple syrup operation. Visitors are welcome to purchase farm-raised chicken, pork, beef, flowers and maple syrup.

   **Directions:** From Brattleboro, head north on Putney Road/Route 5. After passing Hannaford Supermarket on left, make a left at next traffic light onto Black Mountain Rd. Continue for 0.6 miles, then bear right onto Kipling Rd. Continue 1.4 miles. Scott Farm will be on your left.

2. **Scott Farm**

   **707 Kipling Road, Dummerston, VT — scottfarmvermont.com**

   **Farmer:** Zeke Goodband

   **Tour Times:** 9:30-10:30 and 1:00-2:00

   The Scott Farm consists of 571 acres located in Dummerston. This year we will harvest 125 varieties of ecologically grown heirloom apples, as well as a dozen other types of fruit. The farm has 23 buildings listed on the National Register of Historic Places and a recorded history dating back to George Washington’s first term as president. Since 1995, the farm has been owned by The Landmark Trust USA, a non-profit organization committed to historic preservation.

   Come join Zeke Goodband for a stroll in our orchard and learn a bit about the history of our heirloom fruits. We’ll discuss orchard ecology, learn about grafting and how it was used to create this orchard, and then do a little scouting for pests and discuss how we manage them. The farm stand will be open and orchard-related items will be available for purchase.

   **Directions:** From Brattleboro, head north on Putney Road(Route 5. At traffic circle, continue north on Rte 5 for 3.5 miles. Make a left on Schoolhouse Rd. After approximately 1 mile, make a right on Miller Rd. After 1.8 miles, bear left to continue on Miller Rd. Make a right at stop sign onto Bunker Rd. The farm is on the left.

3. **Full Plate Farm**

   **440 Miller Rd, East Dummerston, VT**

   **www.fullplatefarmers.com**

   **Farmers:** Laura Hecht and Matt Crowley

   **Tour Times:** 11:15-12:15 and 1:00-2:00
Full Plate Farm is an intensively managed vegetable farm in East Dummerston. The 150 acre parcel, conserved through the Vermont Land Trust, was purchased by Matt and Laura three years ago through the Farmland Access Program. With just under 2 acres in cultivation, we grow a huge variety of vegetables, flowers, fruits and nuts to offer to our 80 CSA members, 2 farmers markets, and a number of local restaurants. Utilizing organic practices, we focus on growing high quality gourmet vegetables and continue to seek out unusual and unique niche crops to offer, including ginger, turmeric, and heirlooms. We focus on nurturing the soils and rotating crops quickly with the goal of maximizing the land’s potential while maintaining efficiency needed to run a small farm.

Visitors will tour the seedling greenhouse, wash and pack barn, 4 season high tunnel, vegetable fields and very young orchard. Visitors are welcome to bring a picnic lunch, stretch out in the sun and enjoy the magnificent view as well as walk a loop through stately oaks, some of our fields and past an old foundation.

Directions: From Main St in Brattleboro, travel north on Putney Road (Route 5). At 5.8 miles, turn left on East West Road in Dummerston. At stop sign, make left to continue on East West Road. Turn right onto Miller Road and travel .9 miles. Farm will be on your right.

4. The Robb Family Farm
827 Ames Hill Road, West Brattleboro, VT – robbfamilyfarm.com
Farmers: Helen and Charles Robb Sr., Charles Robb Jr. and Karen Robb
Tour Times: 11:15-12:15 and 1:00-2:00

The Robb Farm has been farming on our land in West Brattleboro for more than 100 years. Currently, two generations of Robbs are the farm’s owners and stewards. Formerly a dairy farm, the family is currently focusing on two areas: maple syrup and grass-fed beef. The cattle are pastured and are not fed any grain or corn. We have 4500 maple tree taps, and have turned our milk room into a candy kitchen where we make all of our maple cream, candy, sugar and added value maple products. The tour will include the farm’s meat and maple operations, and a hayride up into the pastures to visit the grazing cattle (weather permitting). The farm store will be open, and maple products and meat will be available for purchase. Guests are welcome to walk the surrounding acreage of the farm, bring a picnic and sit by the meandering brook or at the picnic tables.

Directions: From Brattleboro, take Rte 9 West. In the center of West Brattleboro at the 7-Eleven Store (1.3 miles from Exit 2 on I-91), turn left onto Greenleaf St. After approx.1.5 miles, go straight onto Ames Hill Rd (dirt). At first corner, bear right. At next corner, bear left. Farm is approx. 1 mile on right and only 3 miles from Rte 9.

5. Miller Farm
1732 Fort Bridgman Rd, Vernon VT – Facebook @ millerfarmvernonvt
Farmers: Paul Miller, Arthur Miller, Peter Miller, Keith Franklin and their families
Tour Times: 9:30-10:30 and 2:45-3:45

The Miller Farm is an organic dairy farm in the Connecticut River Valley in Vernon, VT. We milk around 170 registered Holstein cows, with an additional 150 dry cows and heifers. Our milk goes to make Stonyfield yogurt. We have about 600 acres under management, providing grass, alfalfa and corn for feed. During the summer season, all but our youngest calves graze at various paddocks. The farm tour will visit our milking parlor, small calf raising area, and answer any questions you may have!

Directions: From Brattleboro, continue on S Main St onto VT 142 South/Vernon St. Travel 5.4 miles. Farm will be on your right.

Possible itineraries
If you plan to visit 4 farms, we suggest one of the following itineraries, which entail a traveling time of no more than 30 minutes between farms. You may also opt to visit 2-3 farms using the suggested itinerary. Please print out our map or use your GPS or smart phone to enter addresses for the most direct routes.

• Miller Farm, Robb Farm, Full Plate Farm, Bunker Farm
• Miller Farm, Robb Farm, Scott Farm, Bunker Farm
• Miller Farm, Full Plate Farm, Scott Farm, Bunker Farm
• Bunker Farm, Full Plate Farm, Robb Farm, Miller Farm
• Scott Farm, Full Plate Farm, Robb Farm, Miller Farm
• Scott Farm, Robb Farm, Full Plate Farm, Miller Farm
Brattleboro Reformer

SUBSCRIBE TODAY FOR ONLY $20

• Locally Owned
• Award-Winning Content
• Save Hundreds Weekly with Saturday Coupons

☐ 13 Weeks, 6-Day Delivery - $47.85
☐ 20 Weeks, Saturday Delivery - $20

COMPLETE & MAIL IN THE FORM BELOW OR EMAIL subscribers@reformer.com, OR CALL 800-245-0254

- REQUIRED INFORMATION -

Name ________________________________
Address ______________________________
City/State/Zip _________________________
Phone Number _________________________
Email Address _________________________

☐ Check enclosed and made out to The Brattleboro Reformer
☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

Credit Card No. _______________________
Expiration ___________________________
CVV Code ____________________________
Signature _____________________________

PROMO CODE: STROLL All orders subject to a $5 activation fee. This is an introductory offer for new subscribers only. Must not have been a subscriber the last 30 days. Expires 6/30/18.
Welcome to the grounds of the Brattleboro Retreat!

The Brattleboro Retreat is proud to once again make our beautiful campus grounds available for the Strolling of the Heifer’s annual Slow Living Expo.

Over the years, Strolling of the Heifers has become more than an annual parade and celebration—it has become a real movement in Vermont’s farm and food business that encourages local entrepreneurship, innovation, sustainable living, and the values that create resilient communities.

Like the Retreat, our family farms have been part of the fabric of life in Vermont for generations. Not only does Strolling of the Heifers help us honor our agricultural past, it inspire us to ensure a future that is culturally strong, economically viable, and healthy.

Our hospital’s mission since 1834 has been to help individuals and families recover from mental illness and addiction so they may reach their full potential and lead meaningful, productive lives. In this sense we have much in common with the farms and farmers we are here to honor.

On behalf of our entire staff and Board of Trustees, please enjoy our campus and make this year’s Slow Living Expo and Stroll a safe, memorable, and fun experience!

Louis Josephson, President and Chief Executive Officer, Brattleboro Retreat
Sunday: Our Famous Farmer's Breakfast

On Sunday of Stroll Weekend enjoy the delicious Famous Farmers Breakfast presented by The Marina Restaurant and participating food sponsors. Breakfast is served 9 a.m. to 1 p.m. at The Marina, 28 Spring Tree Rd, Brattleboro (off Route 5/Putney Road at the West River Bridge)

WELCOMES YOU TO THE FAMOUS FARMER’S BREAKFAST

PROCEEDS FROM THE FOLLOWING ITEMS SUPPORT THE STROLL’S MISSION OF CONNECTING PEOPLE WITH HEALTHY LOCAL FOOD

SCRAMBLED EGG WRAP
Pete and Gerry's scrambled eggs wrapped in a flour tortilla filled with chopped tomatoes, roasted onion, baby spinach, and Cabot Chipotle cheddar cheese served with homefries 10

VEGETABLE FRITTATA
Local eggs whipped with baby spinach, basil leaves, roasted red peppers mixed with feta and cheddar cheese, baked until fluffy served with a local green salad or homefries 10

WESTERN FRITTATA
You got it! Smoked ham, chopped tri color peppers, sweet onion and Vermont Cabot cheddar perfectly baked and served with local green salad or homefries 10

PETE AND GERRY’S BREAKFAST EGG SANDWICH
Scrambled eggs, grilled ham, melted Vermont cheddar cheese and hardwood smoked bacon, a toasted Rudi’s English muffin served with a side of homefries 10

FARMER’S SCRAMBLED EGG BREAKFAST
A plate of scrambled eggs, homefries, smoked ham or applewood smoked bacon and multi grain, toast or an English muffin 10

FRENCH TOAST WITH SWEET POND VERMONT MAPLE SYRUP
Three slices of multi grain bread dipped in fresh egg batter cooked to perfection with a side of smoked ham or applewood smoked bacon and Vermont maple syrup 10

GRILLED HAM AND CHIPOTLE CHEDDAR ON RYE
Smoked ham, layered with Cabot chipotle cheddar cheese between two slices of rye bread grilled until cheese is melted. Served with homefries 10

GREEN MOUNTAIN CREAMERY YOGURT, FRUIT AND APPLE CIDER DONUTS
Green mountain creamery plain or berry yogurt with a side of strawberries and paradise farm apple cider donut 7

SIDE ORDERS OF SMOKED HAM OR APPLEWOOD SMOKED BACON 3

ALL FARMER’S BREAKFAST ITEMS COME WITH A COMPLIMENTARY CUP OF COFFEE FROM Mocha Joe’s Roasting Company

WE ARE GRATEFUL FOR DONATED FOOD ITEMS FROM...

PETE AND GERRY’S ORGANIC EGGS, CABOT CREAMERY COOPERATIVE, APPLEGATE FARM, VERMONT CREAMERY, RUDI’S ORGANICS BAKERY, PARADISE FARM, MOCHA JOE’S COFFEE
THANKS TO OUR SPONSORS!
Strolling of the Heifers would not happen without the support of its many sponsors, vendors and donors! (Our apologies to anyone we may have missed on this list!) For sponsorship information, or to make a donation, please visit our web site, www.strollingoftheheifers.com.
THANKS TO OUR SPONSORS!

H.P. Cummings
H&R Block Target
Hazel
HomeAdvisor
Houghton Sanitary Services
It Takes A Village
JP Electric
Landmark College
Lanterna Films
Lawn Flooring
Lintilhac Foundation
Marlboro College
Martin's Fireside True Value
Mary Meyer
Members First Credit Union
Minuteman Press
Morrison's Custom Feeds
Mount Snow
Oak Meadow
One Stop Country Pet
Paul Redeker Tents and Events
Ramunto's Brick Oven Pizza
Rebecca M Jones MD
Robust Valley
Sam's Outdoor Outfitters
SEVCA
Sherwin Williams
Southern Vermont Cable
SPC Marcom
Taste of Thai
Teddie Peanut Butter
The Current
The Works Bakery Cafe
Thompson House
Vermont Agricultural Credit Corporation (VACC)
Vermont Business for Social Responsibility
Vermont Community Loan Fund
Vermont Department of Agriculture
Vermont Jazz Center
Vermont Land Trust
Vermont Sustainable Jobs Fund
Vermont Technical College
Walmart
Wessel Distributing
World Learning
Yankee Farm Credit

SUPPORTER
14th Star Brewing Company
A Candle in the Night
Achille's Agway
AliCat Jewels
All Things Maple
Allard Lumber Company
Alter Eco
Amy's Bakery Arts Cafe
Amy's French Macarons
Andrzej's Polish Kitchen
Anon's Thai Cuisine
Apex Solar Power
Artesano Mead and Cider
Australian Eucalyptus Oil Company USA
Avatar
Awesome Stuff
Bart's Homemade Ice Cream
Basin Farm
Beer Naked Brewery
Berkley & Veller Realtors
Bianchi
BlueCross BlueShield
Blue Hill Spoonworks
Blueberry Haus
BMW's Soaps and Such
Brattleboro Literary Festival
Brattleboro Portable Storage
Brattleboro Veterinary Clinic
Bruce's Lemonade
Brueger's
Bruiser's BBQ
Brunelle & Son Construction
Burrows Specialized Sports
Burton Car Wash
Butler's Loaded Baked Potatoes
Butterworks Farm
CALEDONIA SPIRITS
Carve Designs
Cersosimo Lumber
City Wraps Leather
Clear Choice MD
Clear Solution Inc.
Colonial Motel and Spa
Community College of Vermont
ConvenientMD Urgent Care
Creative Alchemy
Curves of Brattleboro
Davis & Hodgdon Associates CPA

Denur Crafts
doTERRA
Dorset Daughters Skin Care
Downs Rachlin Martin PLLC
Ellen Howard
Face and Body Painting!
Fat Toad Farm
Ferguson Farms
Firehawk Native American Studio
Foozy's Novelty Socks
Fortuna's Sausangs and Italian Market
Fresh Tracks Farm LLC
Full Moon Ghee
Gap Mountain Goats
goodMix Foods
Goodway Gourmet Bakery
Gray Raven Farm
Green Lantern Group
Green Mountain Concessions
Green Writers Press
Green Up Kids
Hannah Ellingwood Art
Heim Properties LLC

The strength of our community is its greatest asset.

Delivering the Wisdom of Nature in Brattleboro Since 1986

NEW CHAPTER
VITAMINS & SUPPLEMENTS

© 2018 New Chapter, Inc.
THANKS TO OUR SPONSORS!

Hidden Springs Maple
High Mowing Organic Seeds
Homemade Specialty
Inflatable Fun
Interscape Commercial Environments
Ker Phaneuf Funeral Homes & Crematorium
Kona Ice of New Hampshire
L-oma Organic Buckwheat Pillows
Latchis Hotel
Leaf Filter
Leah Davies Art
Little Miss Pretty Paparazzi
LuLaRoe with Jacques
Mad River Distillers
Magical Earth Retreat
MamaDeb’s Wicked Awesome Sauce
Maple Leaf Designs
Metal Craft Design
Mo’s Outdoor Backyard BBQ
Moo Doo / VNAP
Ms. Sticks
Naga Bakehouse
Native Craft
Nature’s Path Foods
Nettle Meadow Farm
New England Wireless
Northeast Delta Dental
Orchard Hill Breadworks
Outlet Center Exit 1
Paisley Peacock Body Arts
Peter K.K. Williams Art
Phillips, Dunn, Shriver & Carroll, P.C.
Pinnacleview Equipment Inc.
POPZUP Popcorn
Precision Home Remodeling Group
Premier Designs Jewelry
Prentiss Smith
Rae’s Gourmet Specialty Foods
Red Kite Candy
Rescue Inc.
Rhythmic Pottery
Rigani Woof-Fired Pizza
River Valley Credit Union
Rooted in Vermont
Runamok Maple
Same Sun of Vermont
SAP! Beverages
Shree’s Kitchen
Side Hill Farm
Silie Puffs - Gourmet Cotton Candy
Sky Bridge Cafe
Solaflect Energy
Solar Source, Melanson Co.
Southern Vermont Natural History Museum
Southern Vermont Wellness
Spirits of Old Bennington
St. Albans Cooperative Creamery, Inc.
Staples
Stowe Cider
Sub Zero Nitrogen Ice Cream
Sugar Bob’s Finest Kind
Sunrun
Surfing Goat Soaps
Target
Tarm BioMass
TeachArt2Me
Thai Bamboo Restaurant
The Doughnut Dude
The Grammar School
The Hudson Standard
The Lazy Cow
The Nutmeg Food Truck
The Richards Group
The Toadstool Bookshops
Tito’s Taqueria
Totally Nutz
TreTap
Unique Turning
US Cellular Brattleboro
Vermont Fish and Wildlife Department
Venetian Ginger Ale
Vermont Artisan
Vermont Country Deli
Vermont Creamery
Vermont Distillers
Vermont Foodbank
Vermont Reiki Association
Vermont Rocks
Vermont Simple Beauty
Vermont Soap
Vermont Veterinary Medical Association (VVMA)
Vermont Victory Greenhouse
Vermont’s Original Bag Balm
Vernon Homes
Vista Home Improvement
VSECU
W.S. Badger Co.
Walker Farm
Walks With Wolves Creations
Whistling Sparrow Designs
Wild Bill’s Soda
Wild Greeting Cards
Wood Knot Art
Wood-n-crafts
Yankee Home Improvement
Yarina
Yellow Barn
Zephyr Design
Kingdom Creamery of VT
Mary Kay
FRIENDS
Altiplano
Amber Forest
Ambrosia’s Emporium
Baby Bundts of Vermont
Bast Investments Co.
Beadniks
We proudly support small maple farmers who share our deeply held commitment to environmental stewardship and sustainable farming. When you do right by the forest, it'll do right by you.

Small is a big idea.

We don’t think there are too many cooks in the kitchen!

Call or visit your local Edward Jones financial advisor today.

Edward Jones
Making sense of investing

Member SIPC

www.EdwardJones.com

Nurturing the Forest for Seven Generations

We don’t think there are too many cooks in the kitchen!
Farm Art - Paintings by Basha Freudenberg & Peter K.K. Williams

Each year during Strolling of the Heifers Weekend in Brattleboro, Gallery at the Garden hosts an exhibit of farm-related art.

This year’s farm art show at the Robert H. Gibson River Garden is "Pasture and Barnyard" by Basha Freudenberg, and “Naïve Omnience” by Peter K.K. Williams.

The Gallery at the Garden is open during the Friday Night Street Festival (coinciding with Gallery Walk), Friday, June 3, from 5:30 to 8:30 p.m. Normal hours are Monday-Friday 9 a.m.-5 p.m. and Saturdays from 12 a.m. to 4 p.m. (except during special events).

Basha Freudenberg has been painting and drawing in Vermont, Cape Cod and Eastern Long Island for close to twenty years. Although figurative work in charcoal and oils are a strong interest, landscape often including cows is a passion. Basha has painted en plein air throughout the seasons on many local farms. She finds beauty and peace in barn yards, pastures, orchards and hill-sides wherever cows and steer graze, chew their cud, and rest. Her work is mostly oil on Masonite or Arches Paper with palet knife.

Peter K.K. Williams' works offer the viewer peaceful respite from the overwhelming injustices that plague our fractious world.

He studied painting with the late Frank Hewett at the University of Vermont and then earned a Master of Fine Arts degree at Johnson State College, in conjunction with the Vermont Studio Center.

Having been encouraged to explore the interstices of his curiosity, his paintings range in subject and style and include the Vermont landscape, the rainforest, the mist-swathed mountains portrayed in ancient Chinese paintings and the interplay between the sky, sunlight, rock ledges and the surface of Lake Champlain.

In the Gallery At the Garden through June.

Thompson House

Rehabilitation & Nursing Center • Residential Care

Rehabilitation Program

We’ll Pick You Up & Bring You Home Again.

Thompson House Rehabilitation, both for residents and non-residents alike, offers:

- Physical, occupational, and speech therapy
- Personalized treatment plans that are friendly, fun and effective
- Free transportation available within Brattleboro

To Schedule an Appointment:
Contact Lesley Kubacki, Director of Rehabilitation, (802) 254-4977 ext. 244.

80 Maple St., Brattleboro, Vermont • (802) 254-4977 • www.thompsonhouse.info
Windham County Dairy Promotion Board

Proud Sponsor of Strolling of the Heifers

Thank you for supporting your local dairy farmers

See you at the Parade!
Stroll Weekend Vendors

FRIDAY STREET
FESTIVAL
Friday, June 1

RIVER GARDEN
5:15-9:00 PM

VERMONT DISTILLER,
CIDERIE, VINTNER OR
BREWERY
Mad River Distillers
Spirits of Old Bennington
Artesano Mead and
Cider
Stowe Cider
Fresh Tracks Farm
Vermont Distillers
Beer Naked Brewery
Caledonia Spirits
14th Star Brewing

SPECIALTY FOODS
Tavernier Chocolates
Venetian Ginger Ale
Nettle Meadow Farm
Pete and Gerry’s
Organics
VT Farmstead Cheese
Co/ Castleton Crackers
Sap! Beverages
Homemade Specialty
Against the Grain
Gourmet
Sidehill Farm
Sugar Bob’s Finest Kind
Monkey Moon Challah
and Pastries
Champlain Valley
Apiaries
Full Moon Ghee
Baby Bundts of Vermont
Amy’s French Macaron’s
Salsa Sisters

Orchard Hill Breadworks
Vermont Chevon
True North Granola

ON MAIN STREET
5:15-9:00 PM

CRAFTS
Blue Hill Spoonworks
Changing Leaf
Gray Raven Farm
Maple Leaf Design
Margo Boyd Designs
Native Craft
Vermont Rocks
Walks With Wolves
Creations
Whistling Sparrow
Designs

FACE PAINTING
Paisley Peacock Body Arts

FOOD VENDORS
All Things Maple
amys bakery arts cafe
Andrzej’s Polish Kitchen
Anon’s Thai Cuisine
Cai’s Dim Sum Teahouse
& Catering
Elliot Street Fish, Chips
and More
Fortuna’s Sausage and
Italian Market
Goodway Gourmet
Bakery
Kona Ice of NH
Quiet Corner Fudge
Raes Gourmet Specialty
Foods
Rigani Woof-Fired Pizza
Shree’s Kitchen
Sillie Puffs - Gourmet

ICE CREAM
Barts and Snow’s Ice
Cream
Blueberry Haus

INFORMATION
Big Brothers Big Sisters
of Vermont
Brattleboro Music Center
Brattleboro School of
Dance
Let’s Grow Kids
Liberty Mutual Insurance
National Alliance on
Mental Illness Vermont
Peace Corps

J P Electric

Electrical
Air Conditioning
Commercial
Residential

We’re proud to support local farms
and Strolling of the Heifers

Jay Nadeau
(603) 256-6632 • FAX (603) 256-8604

www.StrollingoftheHeifers.com
UNFI proudly supports organic agriculture, for the health of the planet and all who call it home.
Stroll Weekend Vendors

Rooted in Vermont
Senior Solutions
The Grammar School
VCA Windham Animal Hospital
Vermont Tech
Vista Home Improvement
Yankee Home Improvement
YogALIGN
Women's Freedom Center
River Gallery School of Art
Mountain View SDA Church
Meeting Waters YMCA

MERCHANDISE
Amber Forest
Ambrosia's Emporium
I'm N.O.T. Gonna Get Ticked
Rosie Posie Lips
Sissy's Accessories
Southern Vermont Wellness

SLOW LIVING EXPO
Saturday, June 2
9:00 AM - 4:00 PM

ON THE COMMON

ARTS & CRAFTS
Vermont Rocks
Wood Knot Art
Blue Hill Spoonworks
ellen howard handmade
Unique Turning Vermont
Wood-n-crafts Williams
Ms. Sticks
Leah Davies Art
Creative Alchemy
Walkes With Wolves Creations
AliCat Jewels
Rhythmic Pottery
MetalCraft Design
Hannah Ellingwood's Art
City Wraps Leather
Carve Designs
Firehawk Native American Studio

INFORMATION
Mary Kay

HEALTHY LIVING
Magical Earth Retreats
W.S. Badger Co.
United Natural Foods
Vermont Victory Greenhouses

ICE CREAM
The Lazy Cow Vermont
Sub Zero Nitrogen Ice Cream

ENERGY
SEVCA
Efficiency Vermont
Vista Home Improvement
Yankee Home Improvement
Same Sun of Vermont
Apex Solar Power
Tarm Biomass
Precision Home Remodeling Group
Sandri Energy, LLC
Sunrun
Tiny House Fest Vermont

ENTERTAINMENT
Price Chopper

FACE PAINTING
Paisley Peacock Body Arts

FOOD VENDORS
The Food Truck
Tito's Taqueria
Taste of Thai
Green Mountain Concessions
THE DOUGHNUT DUDE
Mo's Backyard BBQ, LLC
Totally Nutz and Abella Creation
Ferguson Farms
Mach's Wood Fired Pizza
Andrzej Polish Kitchen

FOOD VENDORS (continued)

SPECIALTY FOODS
Venetian Ginger Ale
Hidden Springs Maple
Runamok Maple
Goodway Gourmet Bakery
Pete and Gerry's Organics
Butterworks Farm Red Kite Candy

WATER
Members 1st Credit Union

ON THE RETREAT GROUNDS

ARTS AND CRAFTS
Homeslice Puppetry

ENTERTAINMENT
Inflatable Fun
Green Up Kids - The Green Up Girl Yellow Barn

FACE PAINTING
TeachArt2me Face & Body Painting!

FOOD VENDORS
Butler's Load d Baked Potatoes
All Things Maple
Basin Farm Bruce's Lemonade Rae's Gourmet Specialty Foods
Shree's Kitchen LLC Bruiser's BBQ Sillie Puffs Wild Bills Soda Ramunto's Anon's Thai Cuisine Sky Bridge Cafe

ICE CREAM
Kingdom Creamery of VT
Barts and Snow's Ice Cream
Blueberry Haus
Kona Ice of NH

INFORMATION
Change the Story VT Senior Solutions Phoenix House Brattleboro Retreat
Stroll Weekend Vendors

Vernon Homes
vt insight meditation center
ConvenientMD Urgent Care
C&S Wholesale Grocers
Brattleboro Literary Festival

MERCHANDISE
Lularoe With Jacques
Little Miss Pretty Paparazzi
Mary Meyer Corp.
Foozy's socks

PARENT SERVICES
It Takes A Village

SPECIALTY FOOD
Drew's Organics
Green Mountain Creamery
MamaDeb's Wicked Awesome Sauce (Jessaloop)
Amy's French Macarons
Popzup Popcorn
goodMix
Sap! Beverages
Nettle Meadow Farm
Vermont Chevon, L3C
Homemade Specialty, LLC
Orchard Hill Breadworks
Full Moon Ghee
The Hudson Standard
Nature's Path Foods
Sugar Bob's Finest Kind

PHILIPPS DUNN SHRIVER & CARROLL
Law Offices
147 Western Avenue
Brattleboro, VT 05301
(802) 257-7356 Fax: (802) 257-7356
www.pdsclaw.com

HOME ADVISOR
marymeyer.com
We’re celebrating Eighty-five years

TASTE OF THAI
on the go food and catering
Food Truck: Exit 3 Mobil Off I91
1114 Putney Road, Brattleboro
802-490-4482
tasteofthaivt.com

HP CUMMINGS CONSTRUCTION COMPANY
HP Cummings is a full service construction management firm with a tradition of excellence and commitment to hands-on management.
hpcummings.com

Adams Farm
Petting Farm • Paintball
Guided Horseback Riding
Farm Fresh Meats

RAMUNTO'S BRICK OVEN PIZZA
111 Putney Road
Brattleboro, VT 05301
(802) 579-1226
Now serving Breakfast Sat. & Sunday 7-11 am

Marlboro College welcomes independent thinkers who want to broaden their intellectual horizons and establish a strong foundation for fulfillment.
marlboro.edu
Stroll Staff & Volunteers

FOUNDER & EXECUTIVE DIRECTOR
Orly Munzing

GENERAL MANAGER
Anne Latchis

DEVELOPMENT AND MARKETING
Judy Eshelman

BOOKEEPER
Joan Buttrick

WINDHAM GROWS
Jim Verzino, Director
Carin Cross, Entrepreneur in Residence

FARM TO TABLE APPRENTICESHIP PROGRAM
Orly Munzing, Director
Tristan Toleno, Culinary Teacher
Vicki Friedman, Job Coach

ADMIN & VOLUNTEER COORDINATOR
Vicki Friedman

BOARD MEMBERS
John R. Davidson, President
Greg Worden, Secretary
Roger Allbee
William Ames
Todd Crosby
Brett Morrison
Andrew Richardson
Donna Simons
Monroe Whitaker
Dean Stadel
Charlie Merinoff
Alexis Page
Of Counsel: Fletcher Proctor

HONORARY CHAIRS:
Governor Phil Scott
Senator Patrick Leahy
Senator Bernard Sanders
Rep. Peter Welch
Anson Tebbetts VT Secretary of Agriculture

STAFF & VOLUNTEERS
David Woodberry, Logistics & Production Chair
Beth Kiendl, Entertainment Chair & More
Andrew and Deb Cavanaugh, Expo logistics
Donna Simons, Expo Consultant
Roni Byrne, Parade Chair
Peter Stickney, Parade Animals Chair
Martin Langeveld, Locavore Index
Erika Elder, Marketing Director
Dan Munzing, Graphic Designer & Poster Master
Jen Brandt, Social Marketing
Stephen Dotson, Slow Living Summit, Coordinator
Abby Sutton - Intern
Extraordinary Phyllis Trier and Bobbie Groves, Bundt Cake Competition
Hanna Thurber, Steve Shriner, Tour de Heifer Coordinators
Shabir Kamal, Tour de Heifer staff
Judy Fink, Farm Tour Coordinator
Robert Dunbar, Bookkeeping & much more
Sam Garland, Laurie Garland, Major Wranglers
Bette Crawford, Window Display Chair
Sam Groves, Float Designer and Builder
Joe Bushey III, Road Signage

John Keppler, Kim Fine
Steve Major, Veterinarian
Kevin Parry, Sound
Helen Robb, Support and Inspiration
Amelia Struthers, Dairy Godmother
Cindy Finck, Goat Olympics
Adams Farm, Goats
Joy Wallens-Penford, Gallery Walk
Gary Streeter at Agway
Jesse Kiendl - Foosball referee/coach
Michael Fitzgerald, Brattleboro Police Chief
Lt. Bob Perkins, Brattleboro Police Liaison
Drew Hazleton, Rescue Inc. Liaison
Len Howard, Brattleboro Fire Dept. Liaison
Retreat Farm, Hay Supplier
Brattleboro Cub Scout Pack 447, Chartered by the West Brattleboro Congregational Church
Jay and Matt Nadeau, JP Electric
Nina Bollman
Kristen Benoit, WSWMD
David Manning
John Brunelle

Kristen Strazdas· Intern
Pete Paasche· Intern
Todd Webb
Stephen Charbonneau
Genevieve Darling

RIVER GARDEN AMBASSADORS
Eileen Deutch
Ellen Dudley
Steve Dutton
Bobbie Groves
Sam Groves
Donna Holliday
Ann Larson
Wendy Leubbert
Katarina Rayno
Jermaine Simpson
Abby Sutton
Kristen Riley
Todd Webb
Pete Paasche
Kristen Strazdas
Jesse Kreitzer
Stephen Charbonneau
and many more!

---

Home health care with compassion, excellence, and reliability.
bayada.com
800-305-3000

BAYADA®
Home Health Care

THANKS TO OUR SPONSOR:

ACHILLE AGWAY
Garden • Home • Farm • Pet
Brattleboro, VT • Milford, NH
Walpole, NH • Hillsboro, NH
Keene, NH • Peterborough, NH
www.achilleagway.com

Brown & Roberts
182 Main Street, Brattleboro, VT 05301
802-257-4566
www.brownrobertsace.com
FAMILY OWNED AND OPERATED SINCE 1913

A proud sponsor of Strolling of the Heifers

VERMONT TECH
Small college. Big outcomes.
vtc.edu | 800.442.8821

LANDMARK COLLEGE
The College of Choice for Students Who Learn Differently
www.landmark.edu

www.StrollingoftheHeifers.com
We are proud to sponsor Strolling of the Heifers!

www.teddie.com

We find money others miss.

If you didn’t use H&R Block to prepare your past three years tax returns, you may be leaving money on the table.

Come in for a FREE Second Look® Review and we’ll review these past returns to ensure you claimed all eligible tax credits and deductions.

Visit hrblock.com to make an appointment today.

1At participating offices. Results vary. All tax situations are different. Fees apply if you have us file an amended return. The IRS allows taxpayers to amend returns from the previous three tax years to claim additional refunds to which they are entitled. Applies to individual tax returns only. OBTP#B13696 ©2018 HRB Tax Group, Inc.
GREEN MOUNTAIN CREAMERY™

IS PROUD TO SUPPORT
STROLLING OF THE HEIFERS
AND OUR LOCAL COMMUNITY!

VISIT OUR BOOTH TO SAMPLE OUR YUMMY
YOGURT & TASTE OUR NEWEST TREAT,
ICELANDIC STYLE SKYR!
(PRONOUNCED: SKIER)

MAY THE FARMS BE WITH YOU!

BORN IN VERMONT.
RAISED ON GOOD NATURE™.

WWW.GREENMOUNTAINCREAMERY.COM